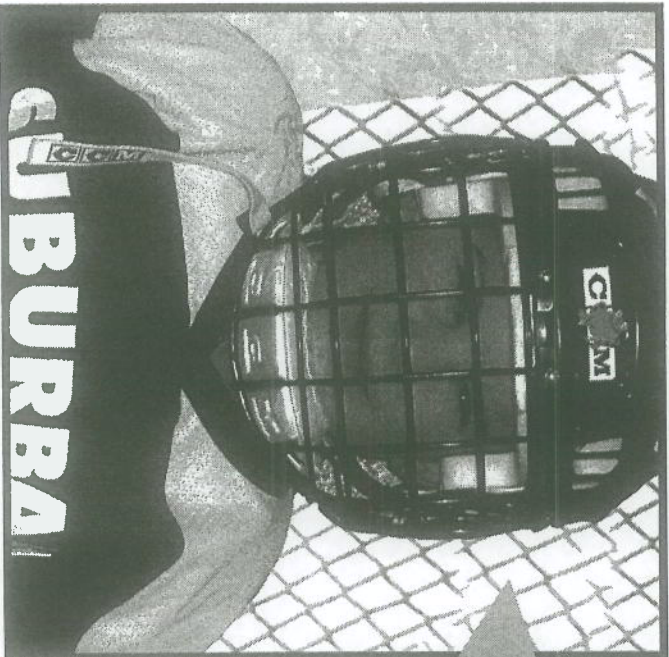




LEARN TO PLAY HOCKEY



Sept 18, 2011
to
March 25, 2012



PROGRAMS

MIGHTY MITE
(Ages 4-7)

MINI MITE
(Ages 5-8)

In cooperation with



2810 Hannah Blvd. • East Lansing, MI 48823
Phone: 517.336.4272 • Fax: 517.336.4273
www.suburbanice.com



Operated by Suburban Sports Group

SUBURBAN FUN *damental* HOCKEY

PROGRAM FEATURES

- Program runs from September through March (no skates during holiday breaks)
- Great schedule and excellent ice times all at one location
- Commitment to the development of skills, knowledge of the game and FUN!
- Players will play and be challenged at their competitive level
- No body checking
- Full equipment required
- Program serves as the initiation program for the Greater Lansing Amateur Hockey Association (GLAHA)
- Each player receives: jersey & hockey socks | year-end awards
- Sessions run by Suburban instructional staff with the help of parent volunteers
- Players and Coaches are responsible for USA Hockey membership



COACHING EDUCATION PROGRAM

- Parents of participants encouraged to apply as coaches
- Applicants will be accepted on desire and commitment – no previous experience necessary
- Volunteer coaches will be trained with on and off-ice support of Suburban staff
- Coaches must have their own helmet, gloves, skates and stick
- Coaches Training Program will include:
 - o coaching manual | practice plans
 - o on-ice coaching seminars | Suburban apparel

REGISTRATION & FEES

- Limited enrollment!
- Registration fee due at sign-up. \$35 fee for withdrawals prior to September 1. Registration fee is non-refundable after September 1. Remainder of dues paid in installments in October, November and January.
- Cash, Visa/Mastercard/American Express/Discover, or check/money order (made payable to Suburban Ice-East Lansing) accepted
- \$40 charge for NSF checks
- \$35 USA Hockey Registration (Please see the FAQ section on this flyer)



Program	Ages	Registration		Installments		
		Fee	#1	#2	#3	
MIGHTY MITE SESSION 1 (SEPT-DEC)	4-7	\$150.00	N/A	N/A	N/A	
MIGHTY MITE SESSION 2 (JAN-MAR)	4-7	\$150.00	N/A	N/A	N/A	
COMBO-SIGN UP FOR BOTH SESSIONS AND GET \$25 OFF OF 2ND SESSION.						
MINI MITE	5-8	\$100.00	\$200.00	\$200.00	\$100.00	



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the programs

MIGHTY MITE (AGES 4-7)

- Recommended as a first step for beginning hockey players who have completed a Learn to Skate class and have a solid base of fundamental skating skills
- Session 1 - September-December | Session 2 - January-March
Discount for players registering for both sessions
- One 1-hour skate each week on Sundays at 2:00 pm
- Emphasis on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills
- Skill stations and skilbuilding games as part of each session

MINI MITEMITE (AGES 5-8)

- Program serves as an introduction to “team” play with practice sessions and small-ice games
- Two 1-hour skates each week – one on Wednesday evenings at 5:30-6:30 pm and one on Sundays at 3:00 pm
- First five weeks of the program serve as a training camp to teach age-appropriate skills to players and as an on-ice training session for coaches
- At the end of training camp players are divided into equal teams and receive their team jerseys and hockey socks
- Teams will be grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level
- Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games
- Weekend sessions consist of small-ice games in a fun, age-appropriate and competitive environment that maximizes ice time, increases puck possession time, stimulates creativity and enhances the fundamental skill development of each player



JUST THE FAQ'S – FREQUENTLY ASKED QUESTIONS:

Q: Is the registration fee refundable if my child is not ready to play hockey or decides not to play?

A: In order to properly plan and run a program, the registration fee is non-refundable after September 1. A \$35 fee will be assessed for withdrawals prior to September 1.

Q: When does the hockey season start, and how long does it go?

A: The Fall/Winter hockey season begins at the end of September and runs through the end of March.

Q: What is the difference between the Mighty Mite and the Mini Mites?

A: The Mighty Mite program skates only 1 time per week and therefore, the time and financial commitment is less. Players in the Mighty Mite program are grouped into different skill groups in order to be challenged. Small-ice games are incorporated at the end of each practice session.

The Mini Mite program skates 2 times per week and therefore, the time and financial commitment is greater. Players are placed on a team and small-ice games (cross-ice or half-ice) will be played during each weekend session.

Q: If my player participates in the Fall/Winter program, will I have priority registration for this league the following year?

A: Yes, returning players always have the first registration opportunity for the following season, and each year you will receive a returning player application that needs to be returned by the deadline to ensure your registration.

Q: Where do we go from here?

A: Suburban FUNDamental Hockey at Suburban Ice-East Lansing serves as the feeder program for the Greater Lansing Amateur Hockey Association and players can move to those programs (space permitting) when their skills and knowledge of the game have progressed to that level. Visit glaha.org for information.



Q: How do I register my child with USA Hockey?

A: Go to usahockey.com and click on the register online box. Then click on the ice players section. Complete the steps including the payment process of \$35 to USA Hockey. Print off a registration confirmation slip and hand it to the program director on the first day.



September 18, 2011 - March 25, 2012 Suburban FUN *Elemental* Hockey Player Registration Form



Don't get shut out! Register now!

PLAYER'S FULL NAME (First) _____ (Middle) _____ (Last) _____

Address _____

City _____ Zip _____ Home Phone _____

Mother's Name _____ Work Phone _____ Cell Phone _____

Father's Name _____ Work Phone _____ Cell Phone _____

e-mail address (please print) _____

Yes, I am interested in coaching. (circle) Mother Father Other _____

Contact Person Other Than Parents _____ Phone _____

Player's Specific Medical Problems _____

PLAYER INFORMATION

Age _____ Date of Birth _____ Please circle gender: Male Female

School attending _____

Please circle how many series of a Learn to Skate program your skater has completed: None 1-2 3-4 5-6 7+

Has your player ever played organized ice hockey before? (circle one) Yes No

If yes, how many years? _____ What association or arena? _____

HOW TO REGISTER

- Submit completed player registration form and registration fee to Suburban Ice-East Lansing (contact information at bottom of page).
- \$35 fee for withdrawals prior to Sept. 1. Registration fee is non-refundable after Sept. 1.
- Cash, check/money order (made payable to Suburban Ice-East Lansing)
- Visa/Mastercard/American Express/Discover accepted.
- Remaining dues will be paid in installments by October 15, November 15 and January 15.
- \$40 fee for NSF checks.
- \$35 USA Hockey Membership registration (See the FAQ section of main flyer)
- Select which program you would like to register your player for:

PAYMENT METHOD

Check or money order enclosed

Visa _____ Mastercard

AMEX _____ Discover

CW2 # (last 3 digits on back of card) _____ Expiration Date _____

Card #

Name of Cardholder

If billing address is different than above, please indicate here: _____

Program	Ages	Registration Fee	#1	Installments #2	#3
<input type="checkbox"/> MIGHTY MITE SESSION 1	4-7	\$150.00	N/A	N/A	N/A
<input type="checkbox"/> MIGHTY MITE SESSION 2 COMBO DISCOUNT AVAILABLE: \$25 OFF OF 2ND SESSION	4-7	\$150.00	N/A	N/A	N/A
<input type="checkbox"/> MINI MITE	5-8	\$100.00	\$200.00	\$200.00	\$100.00



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