

- Play on a team with FRIENDS
- No Tryouts - No Cuts
- Timely, Consistent Schedule
- Quality On-Ice Instructional Staff
- Professional Club Management
- Girl Thing Development Program

**No Boys Allowed!**



# GIRLS HOCKEY CLUB

**2011 - 2012**

*Join Michigan's largest all-girls hockey club today!*



**Girls Learn  
To Play  
(Ages 4-10)**



**House League  
(12U)**

**High School Club  
(13+)**



**Travel Teams  
12U • 14U • 16U  
19U**

**Sign up now for Fall Hockey!**

**SUBURBAN  
FARMINGTON HILLS  
ICE**

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# It's A Girl Thing!

# The Programs

## No Boys Allowed!

- Play on a team with FRIENDS
- No Tryouts - No Cuts
- Timely, Consistent Schedule
- Quality On-Ice Instructional Staff
- Professional Club Management
- Girl Thing Development Program
- All inclusive program fees
  - Referees
  - Jerseys and Socks
  - Year-End Party
  - Participation Awards

\*Note: All applicants are required to register with USA Hockey for the 2011-12 hockey season.

## Girl Thing Development Program

*"For those who want a little extra"*

- 1 extra skate per week
- Mix of skill sessions and additional games
- Players divided into 2 separate teams based on age and experience
- Must participate in MIBGHC to be eligible

It's A Girl Thing!



### IT'S A GIRL THING LEAGUE (Ages 12 and under)

- Two 1-hour skates each week
- First five weeks of the program serve as a training camp to teach age-appropriate skills to players and as an on-ice training session for coaches
- At the end of training camp players are divided into equal teams and receive their team jerseys and hockey socks
- Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games
- Weekend games will be structured to maximize ice time, teach positioning, strategy and rules of the game and to insure that each player has the opportunity to compete, improve and enjoy the game
- Initial skill practice sessions run by instructional staff
- "Girl Thing Development Program" (optional additional skate: If interested please see registration details on opposite page.)



### GIRLS LEARN TO PLAY (Girls Ages 4-10)

- Recommended as a first step for beginning hockey players who have completed a Learn to Skate class and have a solid base of fundamental skating skills
- One 1-hour skate each week
- Emphasis on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills
- Skill stations and skillbuilding games as part of each session
- Sessions run by instructional staff with the help of parent volunteers



### GIRLS HIGH SCHOOL CLUB (Girls Ages 13+)

- Two 1-hour skates each week
- Teams will be formed according to residence and school attending
- Possible travel to other arenas

### Registrations and Fees

Program	Ages	Deposit	Installments					
			Sept. 15	Oct. 15	Nov. 15	Dec. 15	Jan. 15	
GIRLS LEARN TO PLAY SESSION 1 (SEPT-DEC)	4-10	\$125.00	\$50.00					
GIRLS LEARN TO PLAY SESSION 2 (JAN-MAR)	4-10	\$125.00						\$50.00
IT'S A GIRL THING LEAGUE	12U	\$125.00	\$175.00	\$175.00	\$175.00	\$175.00		
GIRL THING DEVELOPMENT PROGRAM	12U			\$100.00	\$100.00	\$100.00	\$100.00	
GIRLS HIGH SCHOOL CLUB	13+	\$125.00	\$175.00	\$175.00	\$175.00	\$175.00		

- \$125 deposit due at sign-up. \$35 fee for withdrawals prior to September 1, 2011. Deposit is non-refundable after September 1, 2011. Remainder of dues paid in installments on above dates.

- Cash, Visa/Mastercard/American Express/Discover, or check/money order (made payable to Suburban Ice - Farmington Hills) accepted - \$40 charge for NSF checks

## Travel Teams



The Michigan Icebreakers Girls Hockey Club offers competitive girls hockey teams at the 12u, 14u, 16u and senior age groups. These teams are formed by tryouts held in July/August and are members of leagues with teams from other arenas throughout Michigan. All practices and home games are held at Suburban Ice - Farmington Hills (SIFH) and teams typically skate three times a week throughout the season. Check at the SIFH office for tryout dates and coaches contact information.