



SPRING TRAINING LEAGUE

Professional coaching of individual skills & team concepts for hockey players of all skill levels



Begins April 11th

No hockey May 9 (Mother's Day) or May 30th (Memorial Day Weekend)
Full hockey equipment required • Jersey provided

★ **MITE** ages 7-8 ★

Thursday, 6:30 - 7:30 pm • Sunday, 11:30 - 1:30 pm

★ **SQUIRT** ages 9-10 ★

Thursday, 7:30 - 8:30 pm • Sunday, 12:30 - 3:30 pm

Format

- (2) 1-hour sessions per week
- 16 hours of ice time

**PROFESSIONAL COACHING BY
SHS TRAINERS DURING
PRACTICE SESSIONS AND
GAME DAY SUNDAY**

TRAINING

- (8) Skill building practice sessions
- Skating instruction on forward and backward stride, stopping, starting and turning
- Skill instruction in puck control, passing, shooting and stick checking

GAME DAY SUNDAY

- Positional play instruction
- Game concepts
- Team play
- Referees and rules

* Credit certificates will be issued for all cancellations

*\$40 fee assessed for all NSF checks

* All ice times include 10 minutes for ice resurfacing



SPONSORED BY

Reebok



Call 248-478-1600 or visit www.suburbanhockey.com!

REGISTRATION FORM ★ 2010 Spring Training League ★ SUBURBAN ICE-MACOMB

Player's Name _____ Age _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____

Day Phone (_____) _____ Whom _____

Email Address _____

Current Team _____ Position _____

Check or Money Order enclosed Visa MasterCard Discover American Express

Expiration Date _____ CVV2 No. (Last 3 digits on the back of the card) _____

Card No. _____

Name of Cardholder _____

Signature of Cardholder _____

Is the credit card billing address the same as listed above? Yes _____ No _____ If no, please indicate billing address on reverse side.

PLEASE INDICATE AGE GROUP:

Mite \$350

Squirt..... \$350

**FULL PAYMENT
MUST
ACCOMPANY
REGISTRATION**

REGISTER BY PHONE! CALL

248-478-1600

Send completed application to: **Suburban Hockey**,
23995 Freeway Park Drive, Suite 200,
Farmington Hills, MI 48335 or to **FAX (248) 478-1601**

Make checks payable to Suburban Hockey